



Birmingham Basketball Academy Spring 2018 Developmental Programs Grades 4-6 and Grades 7-8

Background

- There is a need for this league—an alternative to highly competitive travel basketball.
- Designed to provide a proper combination of instruction and play.
- Competition is very important, our highest priority: How much better is each participant at the end of the season?
- The environment is positive: No coaches yelling and screaming at the players.
- All about getting them to the next level.

Advantages

- No travel; much more efficient.
- Fundamentals. Enhances critical thinking skills and helps develop a high basketball IQ.
- Everyone plays.
- Play with/against players from other schools.
- It's competitive, intense, and fun!
- The sessions allow plenty of time for young players to develop.
- More about instruction and repetition than keeping up with records, etc.

What Do the Players Learn?

- Ball-handling
- Finishing around the basket
- Shooting
- Footwork
- Passing and catching (especially on the move).
- How to properly pass, screen, cut, and move without the ball.
- How to be aggressive.
- How to play man-to-man defense.
- How to play full-court basketball.

Details

- @ BlackWatch Sports Performance
- Price: \$225 (50% discount for 2nd sibling).
- Saturdays
 - 9:00-10:30 (Grades 4-6)
 - 10:30-noon (Grades 7-8)
- March 10 through May 19
- Guaranteed: High-quality, experienced coaches who understand our philosophy. Players will improve dramatically by May 19th.

[Register Here!](#)

Don't measure yourself by what you've accomplished, but by what you should have accomplished with your ability. ~ John Wooden

Web Site: <http://www.bhambba.com>

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