



Birmingham Basketball Academy Spring 2018 Developmental Program Grades 4-9, Boys and Girls

Background

- There is a need for this program—an alternative to highly competitive ones. They learn and have a great time!
- Designed to provide a proper combination of instruction and play.
- Competition is very important. The most important outcome, however: How much better is each participant at the end of the season?
- A super-positive environment. No yelling and screaming at the kids.
- The sessions are run by folks who're instructors first and coaches second!

Advantages

- **Fundamentals.** Enhances critical thinking skills and helps develop a high basketball IQ.
- Each session is a combination of fundamental work and games.
- Everyone plays.
- Play with/against players from other schools.
- It's competitive, intense, and fun!
- The 2-month season allows plenty of time for young players to develop.
- Curriculum designed by Coach Carvalho, an international coach with over 35 years experience.

The Fundamentals

- Ball-handling
- Finishing around the basket
- Shooting
- Footwork
- Passing and catching
- How to properly pass, screen, cut, and move without the ball.
- How to become aggressive. Basketball is a tough, intense game!
- How to play man-to-man defense.
- How to play full-court basketball.

Details

- @ The Quad (2301 Old Columbiana Rd Vestavia Hills 35216)
- The Quad is a recently renovated he facility just off Columbiana Road (near the big Charter facility).
- Price: \$299 (discount for 2nd sibling).
- Saturdays 10-11:30 a.m.
- Dates: March 2, 9, 16; April 6, 13, 20, 27; May 4.
- Don't wait! Space is limited!

[Register Here!](#)

Don't measure yourself by what you've accomplished, but by what you should have accomplished with your ability. ~ John Wooden

Web Site: <http://www.bhambba.com>

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