



Birmingham Basketball Academy Winter 2018-2019 5th/6th-Grade Program

Overview

- There is a need for this program as an alternative. This season will be our 4th consecutive!
- Designed to provide a proper combination of instruction and play.
- Competition is very important--& everyone loves to win. Most important outcome, however: How much better is each participant at the end of the season?
- The environment is positive: No coaches yelling and screaming...
- NOTE: WE'LL ACCEPT ADVANCED 4th-GRADERS!

Advantages

- No travel.
- Practices/games during same session.
- Fundamentals. Enhances critical thinking skills and helps develop a high basketball IQ.
- Everyone plays.
- Play with/against players from other schools.
- Competition is FAIR!
- The long season allows plenty of time for young players to develop.
- The curriculum is designed by Coach Walter Carvalho, an international coach with over 35 years' experience.

What Do the Players Learn?

- Individual and team skills & concepts.
 - Ball-handling
 - Finishing around the basket
 - Shooting
 - Footwork
 - Passing and catching
- How to properly pass, screen, and cut.
- How to move without the ball.
- How to become aggressive. Basketball is a tough, intense game!
- How to play man-to-man defense.
- How to play full-court basketball.

Details

- Location: Mountain Chapel United Methodist Church: 2541 Rocky Ridge Rd 35243
- Price: \$299. Early Bird discount: \$250!
- Discount for 2nd sibling.
- Monday nights (beginning November 5th).
- Time slot: 6:30-8:00 p.m.
- 8 total sessions of practice and play.
- Last session is in mid-January.
- We provide high-quality coaches who are instructors first, coaches second.

Register @ Our Web Site Below!

Don't measure yourself by what you've accomplished, but by what you should have accomplished with your ability. ~ John Wooden

Web Site: <http://www.bhambba.com>

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