



## BBA Preseason Basketball Training Camp

Get Ready for Your 2017 Competitive Season!  
A Co-Production of *Birmingham Basketball Academy*  
& *BlackWatch Sports Performance*



### Why?

- Intense fundamental sessions:
  - Ball handling (including passing & catching)
  - Dribbling and change-of-direction skills
  - Layups multiple ways
  - Shooting
  - Footwork
- 3-on-3 instructional games
- Basic defensive principles (no zone defenses)
- Training camp format: 8 hours of training in a four-day period (w/assigned “homework”)

### Details

- Who: Boys and Girls, Grades 3-8
- Dates: December 4, 5, 11, 12
- Time Slot: 6:30-8:30 p.m.
- Where: BlackWatch Sports Performance (19220 US-280 Birmingham, AL 35242)
- Instructors: Coach Bill Ivey and Coach Jonathan Piazza (60+ years of combined teaching and coaching experience!)

*Don't measure yourself by what you've accomplished, but what you should have accomplished with your ability. ~ John Wooden*

**Birmingham Basketball Academy:  
Best methods and instructors in  
Birmingham metro area!**

**Register @ [bhambba.com](http://bhambba.com)!**