



Spring 2019 Competitive Basketball Program

BBA Spring Basketball

- We're not an AAU club; we're a professional basketball training organization. We focus on fundamentals, and—thanks to our director of training, Coach Walter Carvalho—we train at a very high level. Coach C. is a Brazilian native with 30+ years experience coaching international basketball.
- A high level of competition—primarily local YBOA events.
- Our price, \$600, covers everything (gym rental, insurance, uniforms, tournament fees, entry fees). No hidden costs. Can be paid in two \$300 installments. We also provide access to interest-free PayPal financing.
- Our coaches are instructors first, coaches second.
- No more than 12 players per team. Everyone plays; young players don't progress much unless they play!

Food for Thought

- "Travel ball" has practically ruined youth sports in the U.S. The bait: "We can help you get a scholarship."
- *The hidden costs of travel ball can be enormous. Families may spend thousands of dollars in one season on gas, hotels, & food.*
- *Note: 70% of 13 year-olds nationally have quit competitive sports; they're simply burned out.*
- Put your money in a college fund & go for local instruction & good competition!
- It's hard to shop for a team; you don't know what you're getting. A team often needs your \$\$ more than your child!
- Our priorities: 1) building self-esteem, 2) encouraging risk-taking, & 3) teaching individual and team skills.

The Basics

- Grades 4-11. Evaluations begin very soon. Stay tuned!
- 1x90-min practice/week. Sometimes 2x during game weeks.
- 5 weekend tournaments March thru May: Local YBOA events & one tournament in Cullman County. Tentative schedule will be posted on our web site soon.
- Intense fundamental work: Individual and team skills.

"Don't measure yourself by what you've accomplished, but what you should have accomplished with your ability."

~ John Wooden

Pre-register online @:

www.bhambba.com

BBA Spring 2019 Tournament Schedule

Dates	Tournament	Location(s)
March 15-17	YBOA Ball So Hard	Birmingham area gyms
April 12-14	YBOA Showdown in TTown	Tuscaloosa area gyms
April 19-20	Heat Jam	Holly Pond, AL
April 26-28	YBOA Super Shootout	Hoover, AL gyms
May 10-11	YBOA Mothers' Day Classic	Birmingham area gyms